Gold Won by Our Ships

Prosperity of Merchant Marine Due to the War

Washington.-The present golden era for American shipping, resulting from great demand for ocean tonnage, and the extraordinary profits that have been made in our carrying trade by sea, have been shown by research to chant marine.

Whenever there has been any extraoror economic balances in this or other has followed, say experts of the United States shipping board.

In proof of this they point to the merchants of New York and New England were enriched, and also the forthe new gold state of California.

None of the stories of fabulous earnings of vessels in the merchant marine in the first three years of the present war-before the shipping board began regulating freight charges at sea-are more interesting than those of the wealth won by ships owned in old Salem, Mass., in the period in which their owners were developing American trade with distant parts of the earth, following both peace treaties with England.

In 1799 the ship Mt. Vernon of Salem made a profit of \$100,000, four times her original cost, on a single round trip to China, going out with sugar, and returning via the Mediterranean, where she took on silks and wines for the American market.

The owner of the Mt. Vernon, Elias Hasket Derby, died while she was on this voyage and left an estate valued at \$1,000,000, the largest American fortune to that time.

Salem captains were ever on the nlert for new ventures in those days of rich profits. When in 1795 Capt. Jonathan Carnes of Salem heard by way of gossip when ashore at Barcelona, Spain, that pepper grew wild on \$48,000 in freight money on her first the coasts of Sumatra, he noted the information carefully. On his arrival home he imparted it to Jonathan Peele, a Salem merchant, who forthwith fitted out the schooner Rajah, and dispatched her to Sumatra.

The Rajah trought back the first full ica, and her owner reaped the tidy ton. profit from its sale of 700 per cent on

Certain ships, known for their lucky voyages, made fortunes for their owners. One famous in the annals of that earlier period of the war for Ameriperiod was the ship George—known as | can vessels were on such a liberal the "Salem frigate"-which made regular voyages to the East Indies for 22 years, accomplishing 21 voyages in all, ple, paid for the ship making the voyand earned a fortune for George Pea- age, a condition to be looked for, say body, afterward famous as a million- the experts, in times of abnormal deaire philanthropist.

Food Problem

By Dr. Samuel G. Dixon ioner of Health of Pennsylvania

Most of our foodstuffs are made up

of different constituents. A potato is beefsteak is large

ly composed of nitrogen or protein. Starch represents so many heat-producing units, and This is so when you consider the

matter from a laboratory standpoint, but if you made a test of the same values by feeding these foods to human beings you would find the values varied greatly because of the variations of the human or organic machinery which handled thein. Starch, for instance, in the cases of some individuals, passes through the turning to his place of residence after digestive system without the body assimilating it and obtaining the addition at any other time in consequence of of its heat units. In the cases of other individuals, the same thing would happen with beefsteak.

For this reason we must remember, when advising foodstuff for a community, that what is one man's meat is another man's poison. Thus it behooves those who have the power to regulate foodstuffs for a community to be liberal enough in drawing up their lists to meet the demands of the different capabilities of the digestive system of the different individuals. In other words, one capable of making a rational selection must have a thorough knowledge of the physiology of food-

The people of the state of Pennsyl--vania eat too much potato. The large proportion of starch in the composition of this vegetable produces a catarrhal condition of the digestive tract, which interferes with digestion and leaves the patient insufficiently nourished, eventually over a long series of years producing starvation.

The value of her cargoes may be judged in that in her 22 years of active existence there was paid on them at the Salem customhouse, in import duties, not less than \$600,000.

The George was a tiny ship, as vesbe a recurrence of similar conditions sels go nowadays, being only 114 feet that have prevailed three times before long, yet she proved a shining example in the history of the American mer- in other ways of the glories of the early American merchant marine. She had the reputation of carrying the dinary condition to change political most intelligent crews to be found anywhere-except possibly on certain othgreat countries, prosperity for shipping er American ships—and was famed for the number of men who graduated from her forecastle to the quarter

When she sailed on her first voyage following both the Revolutionary war to India, in 1815, hardly a man in her and the War of 1812, by which the crew was twenty-one years old, yet each was an experienced seaman, and nearly every one was a navigator.

Of the sailors who served on her in following the Mexican war, with its her long and prosperous career, 45 beresulting great rush of pioneers to came captains, 20 chief mates, and six sevond mates. Thomas M. Saunders, who served on her as a boy, passed through every grade-of ordinary and able seaman, third, second and chief mate-and ultimately became her cap-

The case of the George has been cited as an example of the beneficial effect of continued prosperity on a nation's merchant marine.

Not less than 7,000 men signed articles in the counting room of Joseph Peabody to man his fleet, the various craft which made 38 voyages to Calcutta, 17 to Canton, 32 to Sumatra, 47 to St. Petersburg and 30 to other European ports.

every afternoon.

In the later period of the so-called elipper ship era of the merchant marine, great profits were made by American ships at a time when the vessels of other nations were grubbing for charters. This was due to the superior speed of the American vessels.

The Rainbow, the first distinctly clipper ship built anywhere, cleared 200 per cent profit on her first voyage to China, in 1846.

The Oriental, an American clipper built in New York in 1849, to compete with the English tea ships, earned cargo of tea from Hong-Kong to London. Her cost was \$70,000.

In the gold rush to California, in 1849 and 1850, many ships earned more than their value in a single voyage. Demand for space regulated the charge for carrying freight, as it does now, cargo of pepper to be landed in Amer- and the top price reached was \$60 a

> At this rate the ship Samuel Russell earned \$72,000 in freight money on one voyage-more than her cost. Some of the charters made in the basis that the freight money for a single voyage to Archangel, for exammand for cargo space.

Pennsylvanians. Just now, however, during the tension of the war, we need more meat than usual.

It should also be kept in mind that ment will be more easily produced during the war than will vegetables, for our trouble will be the want of male help to carry out the continuous demands occasioned by the cultivation of vegetables during all stages from planting to gathering, whereas cattle can in great measure take care of themselves, and what human help is largely composed required need not be of the highest deof starch, whereas velopment, either physical or mental.

Provisions for the Pensions of Soldiers or Dependents

Section 112 of the national defense beefsteak likewise act of June 3, 1916, provides: "When produces its own any officer or enlisted man of the National Guard drafted into the service of the United States in time of war is disabled by reason of wounds or disability received or incurred while in the active service of the United States in time of war, he shall be entitled to all the benefits of the pension laws existing at the time of his service, and in case such officer or enlisted man dies in the active service of the United States in time of war or in rebeing mustered out of such service, or wounds or disabilities received in such active service, his widow and children, if any, shall be entitled to all the benefits of such pension laws."

****************** To the Point.

A face that never wears a smile should be avoided. He who praises men and flatters women has many fair-weath-

er friends. No, Robert, the starboard of a steamer is not reserved for the star boarders.

A man can't have his cake and eat it, too-especially on his first trip across the pond.

The bachelor is the prune of the human family and the spinster is the preserved peach.

It isn't necessary that a bril lient conversationalist should what he is talking about. know

> Generals Average Sixty Years. The ages of generals on the new war council average about sixty years. The

ages of some of them are as follows: Chief of Staff Bliss, sixty-four; Major General Crozier, sixty-three; Major | dry goods emporium. General Weaver, sixty-three; Major General Crowder, fifty-eight; Major General Sharpe, fifty-seven; General Scott, sixty-four; General Black, sixty-

Useless.

Mrs. Crossley was enjoying a shopping tour and was critically examining various articles on the counter of the

"What is this thing used for?" she finally asked. "I really don't know," answered the clerk. "I think it is intended for a Christmas gift."-Harper's Magazine.

Keeping Kiddies Off the Street

They Knit, Sew, Draw and Enjoy Dainties

Miss Dalton, shown in the insert, is one of the educators and instigators

of a general movement to care for youngsters after school hours, while their

mothers are at work earning a living. The children are taught to knit, make

their own clothing, draw, cook and bake. They are given coffee and daintles,

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When the packer pays 15 cents a

LAYERS BEST FOR BREEDING Everything to Be Gained and Nothing Lost by Selecting Desirable

Hens in Winter.

Mark the laying hen. Any hen can ay in the spring, but the one which lays through the winter deserves rec ognition by promotion to the breeding

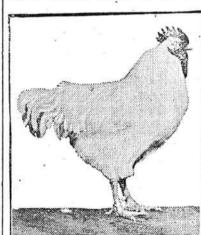
Everything is to be gained and nothng lost by selecting breeding hens during winter. It is easy to select the laying hen. Her comb is bright and red and her pin bones will be spread apart. Hens meeting these qualifications should be set apart with a good, vig orous male bird. It is folly to breed from the entire flock." By selecting a few of the best birds, progress will be nade. Where no selection is practiced. the poor producers will be used for breeding, for even loafers will lay in the spring. It is also a mistake to breed from the immature and undersized stock. Overfat, coarse-boned hens or those which drop behind should never be put in the breeding pen. The best place for them is on he table. Pick out the good birds and note the improvement. Use fewer males so that you can afford better

RIGHT CARE OF COCKERELS

Young Fowls Need Plenty of Proper Kind of Food and Shelter to Develop Into Good Birds.

Those who have good cockerels eeded for breeding birds in their own locks will see to it that they are properly cared for. The young cockerels will need plenty of the right kind of feed and the proper shelter and pro tection so they may develop into good

The mistake is sometimes made of not keeping enough cockerels for the number of hens needed on the farm.



Champion White Plymouth Rock.

result of this, farm flocks times produce too small a per cen of fertile eggs. This means considerable loss for the infertile egg unuse: in incubation is almost if not a com

It is not easy to tell the kind of birds young cockerels will make, at least while they are quite young. I is necessary generally to keep the birds till their type, plumage and general individuality can be ascertained. The best is none too good and no one car afford to keep poor cockerels. Should none of your flock be suitable, then dispose of all and get good cockerels to breed up your flock. This will be economical in the end.

UNPLEASANT TO CARRY FEED

Task Can Be Avoided in a Measure by Building Bin in Each Poultry House.

Carrying feed through the snow in the winter is unpleasant and this can in a measure be avoided by building a feed bin in each poultry house. This bin can be filled about once each week with mixed grains and it will reduce the time necessary to properly feed the birds at their regular feeding hour.

FEED DURING COLD WEATHER

Grain Should Be Given in Litter in Morning So Fowls Will Exercise and Get Warm.

When cold weather comes, grain food should be fed in a litter in the morning so that the fowls will exercise and get warm. The mash (if a damp mash is fed) should be between ten o'clock and noon and more grain given at night so that the fowls will go to bed with full crops.

OBTAINING EGGS IN WINTER

First Essential Is to Have Pullets Well Matured Before Cold Weather Finally Sets In.

In securing fall and winter eggs the first essential is to have pullets well matured before cold weather, which means hatching birds of the generalpurpose breeds in February and March. The average farmer hatches his chickens too late to secure eggs in the fall.

SET AN EXAMPLE OF HONESTY

Street Car Passenger Left Fare With Woman Who Took Advantage of Opportunity to Be Dishonest.

The man in the corner seat looked worried. At last he spoke.

"Madam," he said, "will you kindly take this nickel and give it to the conductor when he comes around? I have been trying to catch his eye, but he apparently does not see me. Will you see

that he gets it?"-The woman sat bewildered in the presence of such extraordinary hon-

esty, but she good-naturedly accepted the trust. After the man left the car. she, too, attempted to establish a line of communication with the conductor. but failed. She was nearing her own destination, but conscience forbade her leaving the car until her neighbor's fare had been paid. Before that feat was accomplished she had been carried four blocks past her street When she finally got home her temper was slightly damaged.

"But you shouldn't have been so ac commodating," said her husband, "You should have got off at your corner."

"But how could 1?" the woman argued. "With that man's honesty before me as an example of right living I simply had to turn his nickel over to the conductor."

"Maybe you are right," said the man admiringly, "Women certainly do have fine notions about these things. But it is too bad. You had to walk back." "Oh, no, I didn't walk," she said. "I

"And that cost you another nickel." "No, it didn't," she said. "The conductor never even looked my way when he came through, and I got of without having to pay."

Sunlight Distressing.

In addition to the wind there is an other peculiarity of the inland ice which adds to the difficulties to be encountered in the Arctic. That is the extreme intensity of the sunlight. which can be realized only by those who have experienced it. During the summer months the sun shines as brightly there in clear weather as any where further south, and this contin uous brilliancy is intensified a hundredfold by the reflection from endless fields of glistening, sparkling snow unrelieved by a single object. The strongest eyes can stand such a blind ing glare only a few hours withou protection. We always wore heavy smoked glasses, and when in camp found it impossible to sleep withou still further protecting the eyes by tying a narrow band of fur about then to exclude the light. Only when : storm is brewing does this intenslight become subdued. At such times however, the sky and snow take on a occuliar gray, opaque light, which is even more trying than the sunlight .-Century Magazine.

Ever See a Dingonek?

The dingonek is a huge, unclassified quatic monster, says the Wide Work Magazine. It resembles in many of its characteristics the extinct dinosaur. ruge reptile of the Mesozoic period, fos sils of which have been discovered by paleontologists in the sandstone strat: both of the African and American con tinents It lives in Lake Victoria Ny anza and its numerous tributaries anthere is no record of the monster hav ing been seen in any other part of the world. Whether it is a descendant o one of the huge prehistoric saurian that has by a process of adaptationliving as it does in impenetrable re gions far away from the encroachment of civilized man-continued with bu light modifications through prodigious ges to the present time, or whether I s an unclassified reptile or amphibiart is equally impossible to say, as n pecimen exists either of its bones o f its skin. That this monster does ex st, however, there can be no particl f doubt, as the testimony of author ative eyewitnesses cannot be reason

Life Was a Misery

Mrs. F. M. Jones, of Palmer, Okla., writes: "From the time I entered into womanhood . . I looked with dread from one month to the next. I suffered with my back and bearing-down pain, until life to me was a misery. I would think I could not endure the pain any longer, and I gradually got worse. . . Nothing seemed to help me until, one day, . . .

TAKE

I decided to

"I took four bottles," Mrs. Jones goes on to say, "and was not only greatly relieved, but can truthfully say that I-have not a pain. . .

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